

# Thames Valley District School Board



Our school is committed to providing all students with a safe, caring, and inclusive learning environment free from bullying and harassment that promotes respect, acceptance, and empathy.

Our staff, students, parents, and community will work together as a team to make our school safe and welcoming for everyone.

## Safe and Inclusive School Plan

### Ensuring Positive Learning Environments



This year we are focusing on inclusivity and mental wellness. Promoting positive mental health and wellness for all individuals is an area of focus for us at Saunders, particularly for our 2SLGBTQ+ and First Nations, Metis and Inuit students. Student success will be improved when students know they belong and can effectively manage and cope with stress.



#### Throughout the year, we will be:

1. Continuing to work to honour the identities and abilities of all students.
2. All staff will work together with students to share strategies to cope and manage stress and anxiety.
3. Building connections with our community partners and families/guardians to foster cultural safety and inclusivity in our school and classrooms.



#### Community/Home Connections

Ask your child about one strategy they are using to manage their stress.

Encourage your child to use their voice to advocate for themselves and others, using the **Name It, Claim It, Stop It** strategy.